

Mustard Seed Missionaries Movement

Motuus Missionarium Grani Sinapis



Monthly Meditation

August, 2026

Monthly Theme

“God is with us.”

Scripture

Joshua 1:9

“I command you: be strong and steadfast! Do not fear nor be dismayed, for the Lord, your God, is with you wherever you go.”

Reflection

1. Read the passages aloud and then one more time, slowly and thoughtfully.
2. Reflect on what word or phrase from these words of Jesus stand out to you.
3. Read the passages once more, slowly and thoughtfully.
4. What do you feel the Lord is trying to tell you in this word or phrase?

Discussion

1. What word or phrase from this scripture passage stands out to you? Why?
2. Is it easy or difficult for you to feel God's presence in your life? Why or why not?
3. When do you feel closest to God?
4. When do you feel farthest away from God? Are there things you can do to change that feeling?
5. What are some things you can do to help yourself or others be more aware of Our Lord's presence "wherever you go"?

Action

This month, take time to share your experiences of God's presence in your life with someone you know.

Prayer

Jesus, I love you. All I have is yours. Your I am, yours I want to be. Do with me whatever you will. Show me how to be strong and steadfast and to not fear or be dismayed, knowing that you are with me always.