



## Monthly Meditation

June, 2026

### Monthly Theme

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“Yours is the Kingdom of God.”

### Scripture

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Matthew 5:3

“Blessed are the poor in spirit, for theirs is the kingdom of heaven.”

### Reflection

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1. Read the passages aloud and then one more time, slowly and thoughtfully.
2. Reflect on what word or phrase from these words of Jesus stand out to you.
3. Read the passages once more, slowly and thoughtfully.
4. What do you feel the Lord is trying to tell you in this word or phrase?

## **Discussion**

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1. What word or phrase from this scripture passage stands out to you? Why?
2. What does it mean to you to be "poor in spirit"?
3. Can you think of examples of people you know who you would consider to be poor in spirit?
4. What comes to mind when you think about the Kingdom of Heaven?
5. What are some ways you might help to bring about the Kingdom of Heaven in your daily life?

## **Action**

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This month, make a conscious effort to do something that would help to introduce the Kingdom of Heaven to someone you know.

## **Prayer**

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Our Father, who art in Heaven,  
Hallowed be Thy Name.

***Thy kingdom come,***

Thy will be done,

On earth as it is in Heaven.

Give us this day our daily bread

And forgive us our trespasses;

As we forgive those who trespass against us.

And lead us not into temptation,

But deliver us from evil.

Amen.