



## Monthly Meditation

April, 2026

### Monthly Theme

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“Rejoice, even in trials.”

### Scripture

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1 Peter 1:6-7

“In this you rejoice, although now for a little while you may have to suffer through various trials, so that the genuineness of your faith, more precious than gold that is perishable even though tested by fire, may prove to be for praise, glory, and honor at the revelation of Jesus Christ.”

### Reflection

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1. Read the passages aloud and then one more time, slowly and thoughtfully.
2. Reflect on what word or phrase from these words of Jesus stand out to you.
3. Read the passages once more, slowly and thoughtfully.
4. What do you feel the Lord is trying to tell you in this word or phrase?

## **Discussion**

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1. What word or phrase from this scripture passage stands out to you? Why?
2. What does the term “rejoice” mean to you?
3. What do you think St. Peter means when he says, “rejoice, although you may have to suffer various trials?”
4. Can you think of a time that you were able to rejoice because of a trial that you experienced?
5. How would you respond to St. Peter if he said these words to you today?

## **Action**

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This month, in silence, recall a time when you had to deal with a difficult trial. As you think about this trial, reflect on the blessings you have received because of this trial. Then, take time to rejoice and thank God for those blessings.

## **Prayer**

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Thank You Lord,  
For watching over us.  
Through our trials,  
You've made us victorious.  
We praise Your Name  
Most great and glorious.  
Thank You Lord,  
For one more day.

Amen!