

Mustard Seed Missionaries Movement

Motuus Missionarium Grani Sinapis



Monthly Meditation

June, 2025

Monthly Theme

“The Compassionate Father.”

Scripture

Psalms 103:13

“As a father has compassion on his children, so the Lord has compassion on the faithful.”

Reflection

1. Read the passages aloud and then one more time, slowly and thoughtfully.
2. Reflect on what word or phrase from these words of Jesus stand out to you.
3. Read the passages once more, slowly and thoughtfully.
4. What do you feel the Lord is trying to tell you in this word or phrase?

Discussion

1. What word or phrase from this scripture passage stands out to you? Why?
2. What does the word "compassionate" mean to you?
3. What does it mean to you to think of God as a Compassionate Father?
4. Do you feel God as a Compassionate Father in your life? Why or why not?
5. What are some things you can do in order to feel God more as a Compassionate Father and to help others feel His compassionate presence as well?

Action

This month, spend some time reflecting on times when you have needed the compassion of Our Heavenly Father and how He met your need through the help of others, prayer, scripture, or some other unexpected way. Then, thank God for those times in your life.

Prayer

Lord of all kindness, Lord of all grace,
Your hands swift to welcome, your arms to embrace,
Be there at our homing, and give us, we pray,
Your love in our hearts, Lord, at the eve of each day.

Lord of all gentleness, Lord of all calm,
Whose voice is contentment, whose presence is balm,
Be there at our sleeping, and give us, we pray,
Your peace in our hearts, Lord, at the end of each day.

Amen.

*Traditional Irish Tune (verses 3 & 4)
Lyrics by Jan Struther, 1931*