

Mustard Seed Missionaries Movement

Motuus Missionarium Grani Sinapis



Monthly Meditation

December, 2025

Monthly Theme

“Hope, Peace, Love and Joy.”

Scripture

Isaiah 9:6

“For to us a child is born, to us a son is given; and the government will be upon his shoulder, and his name will be called Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace.”

Reflection

1. Read the passages aloud and then one more time, slowly and thoughtfully.
2. Reflect on what word or phrase from these words of Jesus stand out to you.
3. Read the passages once more, slowly and thoughtfully.
4. What do you feel the Lord is trying to tell you in this word or phrase?

Discussion

1. What word or phrase from this scripture passage stands out to you? Why?
2. How does this scripture passage relate to our theme of *Hope, Peace, Love and Joy*?
3. Which of these titles for Our Savior stands out to you? Why?
4. Which aspect of our theme, *Hope, Peace Love or Joy*, is most difficult for you to live out on a daily basis? Why?
5. Which aspect of our theme, *Hope, Peace Love or Joy*, is easiest for you to live out on a daily basis? Why?

Action

This Advent and Christmas, work on the one aspect of our theme (Hope, Peace, Love or Joy) that is most difficult for you, and try to share that virtue with those around you.

Prayer

Dear Lord,
You are Wonder Counselor, Mighty God, Everlasting Father, Prince of Peace. You were born as our Child King in a humble stable in Bethlehem in order to bring light into a world filled with darkness. Teach me how to live a life of Hope, Peace, Love and Joy so that I may carry that Light and Your Love to everyone I meet.
Amen.