

# Mustard Seed Missionaries Movement

*Motuus Missionarium Grani Sinapis*



## Monthly Meditation

April, 2025

### Monthly Theme

“He is Here!”

### Scripture

Psalms 16:8

“I keep the Lord always before me; with the Lord at my right hand, I shall never be shaken.”

### Reflection

1. Read the passages aloud and then one more time, slowly and thoughtfully.
2. Reflect on what word or phrase from these words of Jesus stand out to you.
3. Read the passages once more, slowly and thoughtfully.
4. What do you feel the Lord is trying to tell you in this word or phrase?

## Discussion

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1. What word or phrase from this scripture passage stands out to you? Why?
2. What do you think about when you hear the phrase, "He is here"?
3. Do you feel that you are able to recognize the presence of Christ in your daily life?
4. What prevents you from recognizing Christ in the people you meet and the situations you encounter every day?
5. What are some things you can do in order to be more aware of Our Lord's presence in your life?

## Action

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This month, take time to pray before the Blessed Sacrament and ask Our Lord to make you more aware of His presence in your daily life.

## Prayer

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Lord My God,  
Take the blindness from my eyes,  
The deafness from my ears,  
The darkness from my mind,  
And the hardness from my heart,  
That I may recognize your presence with me more clearly,  
All the days of my life.  
Amen.