



Monthly Meditation

June, 2022

Monthly Theme

“The Spirit Lives to Set Us Free.”

Scripture

2 Corinthians 3:17-18

“Now the Lord is the Spirit, and where the Lord is, there is freedom. And we all, with unveiled face, beholding the glory of the Lord, are being changed into His likeness, from one degree of glory to another; for this comes from the Lord, who is the Spirit.”

Reflection

1. Read the passage aloud and then one more time, slowly and thoughtfully.
2. Reflect on what word or phrase from these words of Jesus stand out to you.
3. Read the passage once more, slowly and thoughtfully.
4. What do you feel the Lord is trying to tell you in this word or phrase?



Discussion

1. What word or phrase from this scripture passage stood out to you? Why?
2. One of the four pillars of the Mustard Seed Missionary Movement is **Freedom**.
“Freedom, related to the vow of obedience, allows us to make the choice to follow God’s call.”
How does this month’s theme and the scripture passages relate to the Mustard Seed pillar of Freedom?
3. When we say that “the Spirit lives to set us free,” what does that mean to you, personally?
4. Is there a particular type of freedom that you are thankful the Holy Spirit has given you?
5. Is there a particular type of freedom that you would like to ask Holy Spirit to give you?

Action

This month, pray one rosary each week for those in the world who are seeking freedom.

- ✓ Freedom from poverty or disability.
- ✓ Freedom from oppression, violence and war.
- ✓ Freedom from addiction and sin.

Prayer

Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created, and You shall renew the face of the earth! O God, who by the light of the Holy Spirit instructs the hearts of the faithful, grant that by the same Holy Spirit, we may be truly wise and ever enjoy His consolations, Through Christ, Our Lord. Amen.

Come Holy Spirit, consume in me whatever prevents be from being consumed in you!