



## **Monthly Meditation**

**March, 2023**

### **Monthly Theme**

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“Glory in Suffering.”

### **Scripture**

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1 Peter 1:6-7

Luke 14:27

“Although now for a little while you may have to suffer through various trials, so that the genuineness of your faith, more precious than gold that is perishable even though tested by fire, may prove to be for praise, glory and honor at the revelation of Jesus Christ.”

“Whoever does not carry his own cross and come after me cannot be my disciple.”

### **Reflection**

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1. Read the passages aloud and then one more time, slowly and thoughtfully.
2. Reflect on what word or phrase from these words of Jesus stand out to you.
3. Read the passages once more, slowly and thoughtfully.
4. What do you feel the Lord is trying to tell you in this word or phrase?

## **Discussion**

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1. What word or phrase from these scripture passages stands out to you? Why?
2. Why do you think St. Peter says that our trials test the genuineness of our faith?
3. What are some ways that you are called to take up your cross and follow in the footsteps of Jesus?
4. What do you think it means to “glory” in suffering?
5. St. Teresa of Calcutta often said that suffering is the “kiss of Jesus.” What do you think she meant by that?

## **Action**

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Take time this month to reflect on the trials you are currently experiencing in your life. Then, ask Christ to show you how you might be able to glory in these sufferings.

## **Prayer**

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Remember, O Most Gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired with this confidence, I fly unto thee, O Virgin of virgins my Mother! To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate despise not my petitions, but in thy mercy, hear and answer me. Amen.