



## Monthly Meditation

February, 2024

### Monthly Theme

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“Love is not boastful.”

### Scripture

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1 Corinthians 13:4-8

“Love is patient, love is kind. It is not jealous, it is not pompous, it is not inflated, it is not rude, it does not seek its own interests, it is not quick-tempered, it does not brood over injury, it does not rejoice over wrongdoing but rejoices with the truth. It bears all things, believes all things, hopes all things, endures all things. Love never fails.”

### Reflection

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1. Read the passages aloud and then one more time, slowly and thoughtfully.
2. Reflect on what word or phrase from these words of Jesus stand out to you.
3. Read the passages once more, slowly and thoughtfully.
4. What do you feel the Lord is trying to tell you in this word or phrase?

## **Discussion**

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1. What word or phrase from this scripture passage stands out to you? Why?
2. What does the phrase "Love is not boastful" mean to you?
3. Is it easier for you to give or receive love?
4. Jesus tells us to love our enemies and pray for our persecutors. Who are some people in your life that you find hard to love?
5. What are some things you can do in order to have a greater love for God and for those you find hard to love?

## **Action**

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This month, try to find a way to reach out to someone that you find hard to love.

## **Prayer**

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O my God, I love You above all things with my whole heart and soul, because You are all good and worthy of all love. I love my neighbor as myself for love of You. I forgive all who have injured me, and I ask pardon for all whom I have injured.

Jesus I love you, help me to love you more!