



Monthly Meditation December, 2022

Monthly Theme

“Hope, Love, Joy and Peace.”

Scripture

Luke 2: 10-14

“Behold, I proclaim to you good news of great joy that will be for all the people. For today, in the city of David a savior has been born for you who is Messiah and Lord. And this will be a sign for you: you will find an infant wrapped in swaddling clothes and lying in a manger.” And suddenly there was a multitude of the heavenly host with the angel, praising God and saying: “Glory to God in the highest and on earth peace to those on whom His favor rests.”

Reflection

1. Read the passage aloud and then one more time, slowly and thoughtfully.
2. Reflect on what word or phrase from these words of Jesus stand out to you.
3. Read the passage once more, slowly and thoughtfully.
4. What do you feel the Lord is trying to tell you in this word or phrase?

Discussion

1. What word or phrase from this scripture passage stood out to you? Why?
2. When was the last time you shared the joy of the Christmas message with another person?
3. What prevents you from sharing the good news of Christ with others?
4. Share one thing that brings you great joy. How might you be able to share this kind of joy with others?
5. Do you feel that you are closer to Christ this Advent than you were at this time last year? Why or why not?

Action

During the Seasons of Advent and Christmas, make an effort to share the joy of Christmas with someone you wouldn't usually spend time with by visiting with them about the good news of Christ's coming among us as an infant.

Prayer

Lord Jesus Christ, enter our hearts anew this Christmas. May we always be open to your presence in our lives so that we may know the hope, love, joy and peace that you wish to share with us. Fill us with the light of your love so that light might overflow in our lives and into the lives of others.

Mary, Mother of God, pray for us!

Amen.