



## Monthly Meditation November, 2022

### Monthly Theme

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“Thank You Lord!”

### Scripture

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1 Thessalonians 5:16-18

“Rejoice always. Pray without ceasing. In all circumstances give thanks, for this is the will of God for you in Christ Jesus.”

### Reflection

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1. Read the passage aloud and then one more time, slowly and thoughtfully.
2. Reflect on what word or phrase from these words of Jesus stand out to you.
3. Read the passage once more, slowly and thoughtfully.
4. What do you feel the Lord is trying to tell you in this word or phrase?

## **Discussion**

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1. What word or phrase from this scripture passage stood out to you? Why?
2. When was the last time you honestly thanked God for something?
3. Have you ever thanked God for difficulties in your life? Why or why not?
4. Name three things you are thankful to God for today.
5. Name one thing that was difficult today for which you can still find a reason to give thanks to God.

## **Action**

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During the month of November, take time at the end of each day to thank God for at least three specific things that He has done for you that day.

## **Prayer**

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Thank you Lord, for watching over us.  
Through our trials, you've made us victorious.  
We praise your Name, most Great and Glorious!  
Thank you Lord, for one more day.