



Monthly Meditation

October, 2023

Monthly Theme

“Spiritual fullness in the Cross.”

Scripture

Galatians 6:14
1 Corinthians 1:18

“Far be it from me to glory except in the cross of our Lord Jesus Christ, by which the world has been crucified to me and I to the world.”

“The word of the cross is certainly foolishness to those who are perishing, but to us who are being saved it is the power of God.”

Reflection

1. Read the passages aloud and then one more time, slowly and thoughtfully.
2. Reflect on what word or phrase from these words of Jesus stand out to you.
3. Read the passages once more, slowly and thoughtfully.
4. What do you feel the Lord is trying to tell you in this word or phrase?

Discussion

1. What word or phrase from these scripture passages stands out to you? Why?
2. Why does St. Paul say that the cross is foolishness to those who are perishing?
3. Why does St. Paul feel that the cross is the "power of God?"
4. What does St. Paul mean when he says, "far be it from me to glory except in the cross?"
5. What are some ways you might find Spiritual Fullness in the cross?

Action

1. This month, pray each day for someone you know that is struggling. Pray that Our Lord will help that person to find spiritual fullness in the cross they are currently bearing.

Prayer

We adore you O Christ and we praise you.
Because by your Holy Cross, you have redeemed the world.
Thank you Lord!