



Monthly Meditation

January, 2023

Monthly Theme

“Jesus the True Vine.”

Scripture

John 15:1-5

“I am the true vine and my Father is the vine grower. He takes away every branch in me that does not bear fruit, and everyone that does he prunes so that it bears more fruit. You are already pruned because of the word that I spoke to you. Remain in me as I remain in you. Just as a branch cannot bear fruit on its own unless it remains on the vine, so neither can you unless you remain in me. I am the vine, you are the branches. Whoever remains in me and I in him will bear much fruit, because without me you can do nothing.”

Reflection

1. Read the passage aloud and then one more time, slowly and thoughtfully.
2. Reflect on what word or phrase from these words of Jesus stand out to you.
3. Read the passage once more, slowly and thoughtfully.
4. What do you feel the Lord is trying to tell you in this word or phrase?

Discussion

1. What word or phrase from this scripture passage stands out to you? Why?
2. Why does Jesus call himself the “true” vine?
3. What does Jesus mean when he says that those who bear fruit will be pruned so that they will bear more fruit?
4. What does it mean to remain in Jesus?
5. How are you called to bear fruit in your personal life?

Action

Reflect on this gospel passage and then write down some ways that you can bear fruit for Christ. Then, put those into practice in the new year!

Prayer

Lord, teach me the way of your laws;
I shall observe them with care.
Give me insight to know your teaching,
to keep it with all my heart.
Lead me in the path of your commands,
for that is my delight.
Direct my heart toward your decrees
and away from unjust anger.
Avert my eyes from what is worthless;
by your way give me life.
For your servant fulfill your promise
made to those who fear you.
See how I long for your precepts;
in your justice give me life.
Amen.

(Psalm 119: 33-38, 40)