



## A Day in the Life of an MSC Mission Volunteer

Use this “sample day” to get an idea of what your mission trip will be like. Please keep in mind that specific times and activities will vary between groups, countries & MSC homes.

### **5:30 am: Rise and Shine, Have Breakfast & Assist with Residents**

Early mornings on an MSC Mission Trip are a special time. You get insight into the daily lives of the children and have a chance to help the caregivers with preparations for the day. Then, you’ll prepare breakfast with your group (food is provided by MSC). After cleaning up the kitchen & dining areas, you’ll get ready to start the “work” day!

### **8:30 – 12:00 pm: Work Projects**

In addition to spending time with our residents, mission groups will have work project assignments that are more physical in nature. These are typically focused on improving the infrastructure of our homes, whether it’s landscaping, painting or light construction. Projects will vary with location and from year to year, so it is important to be open-minded and flexible as a group. If your team has special skills or interests, we welcome that input so we can keep it in mind as we plan your projects.

### **12:30 pm: Break for Lunch**

### **1:00 – 4:00 pm: Resume Work Projects**

### **4:30 pm: Spend Time with Residents**

As the week progresses, you will bond as a time and also become closer to the children. MSC Mission Trips offer a unique experience in that your accommodations are on-site and you are able to spend a significant amount of quality time with our residents. At first, you will likely find it challenging to work with the populations that we serve. We encourage you to come with an open mind and an open heart, and we promise that this new challenge will be a fulfilling experience.

### **6:00 – 7:00 pm: Dinner & Clean Up**

### **7:30 pm: Group & Reflection Time**

All groups will have their own routines in the evenings, but we encourage all volunteers to set aside time each evening for group and personal reflection. It will help to share your experiences each day in order to learn from your group members and from the children of MSC.

\*In each location, you will have a “day out” with your group to enjoy the country and culture that you are visiting. For specifics on your trip’s day out, please see the Mission Trip Locations page on our website. There will also be opportunities for daily prayer and Mass throughout the week.